

CB-BK WE2 2026: Session: 1: COACH evaluation sheet for TEAM: ESN

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Maka Nicolas HEADCOACH

Coaches: Libert Christophe

Coaches: Hintzen (Maka E) Christelle

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 100M BUTTERFLY MEN 15+				Heat:4, starttime: 09:01
Heat: 4/12 Lane : 2 Athlete: LIBERT TIMOTHE				Q-time: 01:02:64
PB (50m pool): 01:02.64 Seraing 22/03/2026				PB (25m pool): 01:03.40 SB: 01:02.64 Seraing 22/03/2026
	5 0 M	1 0 0 M		
PB	00:30.43	01:02.64		
	00:30.43	00:32.21		
				

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 15+				Heat:1, starttime: 09:15
Heat: 1/16 Lane : 6 Athlete: PARISIS NELL				Q-time: 00:35:32
PB (50m pool): 00:35.32 Charleroi 24/05/2026				PB (25m pool): 00:35.54 SB: 00:35.32 Charleroi 24/05/2026
	5 0 M			
PB	00:35.32			
	00:35.32			
				

Coach feedback:

Event number: 6: 200M BACKSTROKE MEN 15+					Heat:1, starttime: 10:40
Heat: 1/10 Lane : 6 Athlete: LIBERT TIMOTHE					Q-time: 02:30:18
PB (50m pool): 02:30.18 Seraing 22/03/2026					PB (25m pool): 02:41.49 SB: 02:30.18 Seraing 22/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.63	01:11.62	01:51.76	02:30.18	
	00:33.63	00:37.99	00:40.14	00:38.42	
					

Coach feedback:

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Event number: 8: 100M BREASTSTROKE MEN 15+			Heat:5, starttime: 11:34
Heat: 5/12 Lane : 3 Athlete: MAKA NICOLAS			Q-time: 01:12:56
PB (50m pool): 01:12.56 Seraing 25/01/2026			PB (25m pool): 01:11.40 SB: 01:12.56 Seraing 25/01/2026
	5 0 M	1 0 0 M	
PB	00:35.13	01:12.56	
	00:35.13	00:37.43	
			

Coach feedback: